



# Progyny's Fertility and Family Building Benefits

## LGBTQ+ Resources

Progyny is proud to support everyone's dream of parenthood. That means providing an equitable family building benefit by removing barriers to treatment and ensuring that everybody can pursue their dreams of family.

With the Progyny benefit, LGBTQ+ individuals and couples have many options for family building. In addition to inclusive treatment coverage and access to high quality care through a premier network of fertility specialists, Progyny provides unlimited access to a team of Patient Care Advocates (PCAs) who can provide emotional support and clinical guidance every step of the way. Our team is proud to stand with the LGBTQ+ community on each unique family building journey and are committed to providing ongoing support and resources.



“

*Life changing. Progyny is amazing. This is where your life can change, your childbearing, family creating dreams can come true. It starts with them.*

”

**-Progyny member**  
from a same-sex couple



## Start Here

Contact Progyny to be connected with your dedicated Patient Care Advocate at **888.597.5065** to learn more about your options.

We've compiled helpful, inclusive LGBTQ+ resources to help individuals and couples get started on their family building journeys.

- [LGBTQ+ Resource Center on Progyny.com](#)



## This is Infertility Podcast

Listen to these episodes of our podcast to hear unique perspectives and shared experiences around LGBTQ+ family building:

- **Episode 6:** LGBTQ+ Family Building: Two Dads and the Journey to Build Their Family
- **Episode 14 (Bonus):** Journey to Fatherhood: Same Sex Couples + Single Fathers by Choice
- **Episode 134:** LGBTQ+ Family Building: Two Moms Squad
- **Episode 169:** Transformative Benefits: An Inside Look at an Amazonian's Family Building Journey



## Additional Resources

Explore these content pieces to learn more about LGBTQ+ family building options:

- **LGBTQ+ Family Building:** Treatment information for varying dynamics
- **Choosing Your Path to Parenthood: LGBTQ+ Family Building Options:** A panel deep-dive into common paths to parenthood for LGBTQ+ singles and couples
- **Reciprocal IVF/Co-Maternity:** A look at the process
- **Surrogacy 101 Webinar:** Featuring expert and first-hand experiences

To learn more about your benefit, contact your dedicated Patient Care Advocate

