



# Progyny Fertility and Family Building Benefits

## LGBTQ+ Resources and Support

Every path to parenthood is unique, and we believe all individuals deserve equitable care and personalized support every step of the way. **We partner with Progyny, a leading fertility and family building benefit, to offer comprehensive services to eligible individuals.** Your benefit includes access to in-network fertility specialists experienced in LGBTQ+ care, 1:1 support from a dedicated Progyny Care Advocate (PCA), adoption and surrogacy resources, and more.



### Explore LGBTQ+ resources during a family building journey:

- **Resource Hub:** LGBTQ+ Family Building [↗](#)



### Articles:

- **Article:** LGBTQ+ family building options [↗](#)
- **Article:** What family building resources are available for the LGBTQ+ community? [↗](#)
- **Article:** Using egg banks for pregnancy [↗](#)
- **Article:** Finding the right sperm donor for you [↗](#)



### Webinars and Podcasts:

- **Webinar:** Choosing your path to parenthood: LGBTQ+ family building options [↗](#)
- **Webinar:** Celebrating Pride: LGBTQ+ family building [↗](#)
- **Podcast:** Episode 172: A mic for the LGBTQIA+ community: The queer family podcast [↗](#)
- **Podcast:** Episode 159: LGBTQ+ family building: Pride and path to xhood [↗](#)

**To learn more about your available family building benefits, contact Progyny at 888.597.5065.**

Progyny is available Monday through Friday, 9:00 am–9:00 pm ET.